## loft skin + beauty

## **PRIOR to your Lash Lift Treatment**

- 1. Let your therapist know of any changes in your medical history, medications and/ or supplements.
- 2. It's best to come with no eye makeup on, however we can remove this for you before your treatment.
- 3. Please remove contact lenses before your treatment.
- 4. Ensure there is no eye infection or irritation of the eye area as the treatment cannot be performed until this has cleared up.

## **POST Lash Lift Treatment**

- 1. Avoid getting your lashes wet, and don't use product on them for 24 hours after your treatment this includes mascara.
- 2. Avoid sleeping on your face if possible, to prevent the lashes being 'crushed' and flattening the lift.
- 3. Gently brush your lashes daily with a lash brush/spoolie.
- 4. Remove eye makeup gently with a non-oily remover.
- 5. Avoid rubbing your eyes for 24 hours post treatment while the lashes are still setting.
- 6. Avoid saunas, spas, swimming, steam and excessive sweating for 24 hours post treatment.
- 7. Avoid using eye creams, cleansers and skincare products close to the eye area for 24 hours.
- 8. Yumi: Use Yumi Lashes Keratin Mascara every day to keep your lashes healthy, strong and conditioned. Start using 24 hours post treatment.

If you have any questions, or experience any other side effects from the treatment not listed on this page, please contact us on 09 630 8208

